



## **Linda Allen, Stillwater, OK**

Linda Allen's career in education and her international travels have presented opportunities to learn, live, and practice cultural diversity and respect first-hand. She has presented cultural training to government, university, public education, and business clients and has planned events and itineraries and hosted groups from Mexico, India, Russia, China, Japan, Brazil, Argentina, and Bolivia. She works as a trainer/consultant for several of the GirlTech Programs in Oklahoma to provide personal and professional skills development programs.

**Website:** <http://lindaeallen.squarespace.com/>

**Email:** [lindaeallen@sbcglobal.com](mailto:lindaeallen@sbcglobal.com)

### **Workshop Topics:**

#### **What to Do When No One Looks or Talks Like You**

This workshop addresses the challenges and opportunities of cultural diversity in the classroom and/or workplace. Participants will learn how to bridge cultural gaps and to create a positive, creative, and respectful learning or work environment.

Audience: Counselors, STEM teachers and administrators and project coordinators

Format: Lecture, discussion, group activities

Length: 2 hours

#### **Body Language – Your Second Language**

Workshop participants will learn how our actions speak louder than our words. The workshop includes demonstrations and practice of appropriate body language for a variety of cultures in the current classroom or workplace. Interactive games demonstrate how body language can confuse even our best intentions in the classroom, workplace, or friendships.

Audience: Counselors, STEM teachers and administrators and project coordinators.

Format: Lecture, discussion, group activities

Length: 3 hours

### **Goal-Setting: Creating the Map from Where You Are to Where You Want to Be**

The workshop presents activities and guidelines to help participants design their future and to become more effective in six key areas of their lives. Activities will help participants identify personal interests, strengths, talents, and assets to create realistic, achievable goals. Activities include guided writing, goal-setting activities, and creating an action plan. This workshop is an excellent companion program for Launching New Leaders – Creating the Future Now (listed below).

Audience: Counselors, STEM teachers and administrators and project coordinators. Also appropriate for high school students.

Format: Lecture, discussion, individual creative activities

Length: 3 hours

### **Launching New Leaders – Creating the Future Now**

This workshop identifies key leadership qualities and skills. Participants will learn the importance of teamwork and responsibility through group activities that encourage communication, cooperation, and respect. This workshop is an excellent companion program for Goal-Setting: Creating the Map from Where You Are to Where You Want to Be (listed above).

Audience: Counselors, STEM teachers and administrators and project coordinators. Also appropriate for high school students.

Format: Lecture, discussion, group activities

Length: 2 hours

### **Creating Person and Professional Development Programs for Stem Students: Ways to Support Girls and Women in STEM**

Workshop participants will leave the workshop with a fully developed curriculum to provide personal and professional skills development training for STEM students. Participants will receive eight one-hour programs (with corresponding PowerPoint presentations, lecture notes, and exercises) to be delivered over the course of an academic year. Sample topics include: mentor/mentee introductions, networking, workplace etiquette, decision making, assertiveness, and public speaking training. Presentations can be adapted by attendees to fit the

needs of their target audience. Created by Allyn Evans and Linda Allen and presented to participating Oklahoma girl tech Programs.

Audience: Ideal workshop for counselors, STEM counselors, and project coordinators. Appropriate for K-12 students with minor adaptations.

Format: Lecture, group activities, and discussion.

Length: 1-2 hours

### **Selected Publications:**

Published two books and contributed to four others (2000-current).

Published in numerous publications including *Oklahoma Today*, *Oklahoma Living*, *Mississippi Best*.

2002 to 2006, contributing editor to *Metro* (the magazine of the Oklahoma County Library System).

### **Contracts :**

Oklahoma Career Technology Centers

Respect Diversity Foundation

Upward Bound

Oklahoma State University

### **Projects:**

Oklahoma Career Technology Centers – Presenter/consultant to provide personal and professional skills development programs for GirlTech programs.

Respect Diversity Foundation – Cultural diversity training for New Hope, a summer camp for children whose parents are incarcerated; Cultural awareness and diversity programs for Talent Search leadership programs for high school juniors and seniors.

Upward Bound – Instructor in Spanish to provide academic enrichment opportunities for students who will be the first generation in their family to graduate from high school and/or to attend a college, university, technical school or other post-high school training.

Oklahoma State University – Diversity curriculum and training for teacher training practicum and state mandated professional development requirements.

Oklahoma State University – Diversity training to Human Resources department at three campuses as well as individual colleges and departments within the university.

**Qualifications:**

MS – Curriculum and Instruction Development with specialization in Foreign  
Language Education – Oklahoma State University  
BA – Spanish – Oklahoma State University

**Member:**

The Book Bank Foundation, Director of Education  
Respect Diversity Foundation Speakers Bureau  
Stillwater Rotary Club, International Service Director and In-coming Vice President  
Oklahoma-Bolivia Speakers Bureau